

Dr. Han Endoscopic Carpal Tunnel Release

GLOVES: 6.5 Micro Indicator/6.5 Micro

Anesthesia: MAC or Block or by Choice

PREP: Chloraprep

POSITION: SUPINE, Patient on Stretcher, Rolling Hand Table, Tourniquet with "10 x 10" around Tourniquet, Extremity Drape, Sitting Stools

MEDICATIONS: 0.9% NAACL IRRIGATION
1% LIDOCAINE MIXED 1:1 WITH 0.25% BUPIVACAINE W/EPI 1:200,000

INSTRUMENTS: Lead Hand, Curved Littler Scissors, Curved Tenotomy Scissors, Ragnel, Double Skin Hooks

EQUIPMENT: AM Surgical Endoscopic Carpal tunnel w/ clear cannula (not Stratos), Camera, Stryker Tower, 4-0 30° scope, light cord, 4mm blade,

SUPPLIES:

HALF SHEET
Skin Marker
Cotton Applicator
Extremity Drape
Ray-Tech
LIGHT HANDLE COVER
15 BLADE (1)
10CC SYRINGE (1)
25 GAUGE HYPO (1)
BASIN FOR NAACL (1)
BIPOLAR CORD
TOURNIQUET 18"
4" ESMARK (OPEN, STERILE)
4" WEBRIL (UNDER TOURNIQUET)

SUTURES: 4-0 Monocryl and Dermabond

DRESSINGS: ADAPTIC, WET 2x2, DRY 2x2, 2" COBAN

NOTES: BIPOLAR 15, NO BOVIE, INJECTS LOCAL OFF THE FIELD BEFORE PREPPING

LAST UPDATED: 8/27/2018