

Dr. Han Trigger Finger/Small Soft Tissue Hand Cases

GLOVES: 6.5 Micro Indicator/6.5 Micro

Anesthesia: Light Mac and Local. For Trigger, Would like to wake up patient at end of surgery to confirm release

PREP: Hibiclens

POSITION: SUPINE, Patient on Stretcher, Rolling Hand Table, Tourniquet with "10 x 10" around Tourniquet, Extremity Drape, Sitting Stools,

MEDICATIONS: 20 ml 1% LIDOCAINE MIXED 1:1 WITH 0.25% BUPIVACAINE W/EPI 1:200,000

INSTRUMENTS: Hand Kit (Curved Littler Scissors or Curved Tenotomy Scissors, Ragnel, and Sen Retractor x 2, Ragnel)

EQUIPMENT: Tourniquet

SUPPLIES:

HALF SHEET
Extremity Drape
Ray-Tech
LIGHT HANDLE COVER
15 BLADE
10CC SYRINGE (1)
25 GAUGE HYPO (1)
BIPOLAR CORD
TOURNIQUET 18"
4" ESMARK (OPEN, STERILE)

SUTURES: 4-0 NYLON P-C 3

DRESSINGS: ADAPTIC, WET 4X4, DRY 4X4, 2" COBAN,

NOTES: BIPOLAR 15, NO BOVIE, INJECTS LOCAL OFF THE FIELD BEFORE PREPPING.

LAST UPDATED: 8/27/2018